## <u>Health Services Assessment Report</u> 2012-2013 Academic Year

#### **Mission Statement:**

The purpose of Health Services is to complement the educational mission of the University by removing health-related barriers to learning and promoting optimal wellness. This enables the student to make informed decisions about health-related concerns, and empowering students to be self-directed and well-informed consumers of healthcare services. Health Services is committed to offering high quality, accessible, cost effective, ambulatory healthcare that adequately meets the needs of the diverse student population. Health Services is committed to providing first aid and emergency care to employees and visitors (including minors) as warranted. We will develop and participate in campus community partnerships that advance health promotion initiatives. Health Services will continue its affiliation with local, state and federal health agencies to enhance the wellbeing of the student community.

#### Vision Statement:

To create a wellness atmosphere so the campus community can remain healthy and continue with their learning experience.

### **Goals and Objectives:**

<ul> <li>Goal 1: Comply with recommendations of the CDC, State and Federal Health Departments         <ul> <li>Kean University</li> <li>Mission Outcome Four (Objective 1.1): Collaborates with business, labor, government and the arts, as well as educational and community organizations and provides the region with cultural events and opportunities for continuous learning.</li> <li>Student Learning Outcome Three (Objective 1.1): Serve as active and contributing members of their community.</li> <li>Mission Outcome Three (Objective 1.2): Seeks to combine excellence with equity in providing opportunities for all students.</li> <li>Student Learning Outcome Two (Objective 1.2): Adapt to changing social, economic, and technological environments.</li> </ul> </li> </ul>			
Objective	Data Results	Actions Taken Based on Data Collected	
1.1: To increase compliance of measles, mumps, and rubella requirements prior to spring registration (registration starts in the last week of October but the date changes yearly) by 20% (1000 to 1200) by increasing notifications to bi-monthly sent to personal email accounts.	The compliance percentage increased by 6% from SP11 to SP12.	Eight to 10 percent seems more obtainable. The office will increase notifications and continue to send surveys that assess the comprehension of the requirement and modify the forms as needed.	
1.2: Reduce the amount of post deadline			

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<ul> <li>Goal 2: To participate in community campus wellness programs and maximize health promotion <ul> <li>Kean University</li> <li>Mission Outcome Three: Seeks to combine excellence with equity in providing opportunities for all students.</li> <li>Student Learning Outcome Four: Advance their knowledge in the traditional disciplines and enhance their skills in professional areas.</li> </ul> </li> </ul>			
Objective	Data Results	Actions Taken Based on Data Collected	
2.1: To increase the student population's exercise and healthy- eating habits through conducting pre and post-class surveys where the student assesses their accomplishments.	<ul> <li>38 students partook in the survey;</li> <li>57% had GPA's higher than 3.5; 35% had GPA's between 2.4 and 3.4;</li> <li>14.29% of respondents were freshmen, versus 21-29% sophomore's through seniors.</li> </ul>	Given the correlation of a higher GPA to exercise and the lower amount of freshmen participants, target freshmen through more promotion. This will increase retention.	
2.2: To increase attendance for the Fit to Be Kean program from the prior FA11-SP12 academic year by 10% from six to seven students by implementing new activities and a wellness center.	In SP12, 58 students partook; in SP13, 676 students partook for a 1,156% increase	To maintain attendance through the semester, implement health-eating social events and add incentive awards.	