****

**HEALTH MINOR • GRADUATION PLAN**

**Total 18 Credits**

**GUIDED ELECTIVES\***

**15 credits • Five** HED courses selected with advisement and career path

**Dept. & Number Course Title Semester Hour(s) Semester/Year Grade**

HED 1231Cardiopulmonary Resuscitation (CPR/AED) 1 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3034 Reiki 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3100 Environmental Health 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3110 Wellness Considerations Autism 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3160 Health Perspectives for Women 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3200 Holistic Health 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3231 First Aid & Injury Prevention 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3232 Emergency Medical Responder 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3260 Health Perspectives for Men 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3270 Health Disparities in the United States 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3300 Community Mental Health 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3400 Human Sexuality 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3460 Women’s Global Health 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3515 Wellness and Fitness 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3533 Methods and Materials of HED for K-12 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3600 Nutrition 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3635 Introduction to Public Health 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 3725 Death in Perspective 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 4100 Independent Study in Health 1-3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 4101 Epidemiology and Disease 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 4231 First Aid Instructor 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 4333 Drug Use and Abuse 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 4400 Essentials in Global Health 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 4650 Community Health Counseling 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 5300 Community Mental Health 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

HED 5400 Health and Social Activism 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

ID 1225 Critical Issues/Values in Contemporary Health 3 \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

\*Course descriptions can be found on http://www.kean.edu/academics/college-education/physical-education-recreation-health