



COURSES

Required (6):

- ◆ **ID 3750**
Basic Concepts of Aging
3 credits
- ◆ **GERO 4260**
Gerontology Seminar 3

Electives (12) (four courses from two disciplines):

- ◆ **ID 3760**
Aging, the Family, & Society 3
- ◆ **REC 3320**
Therapeutic Recreation in Long Term Care 3
- ◆ **GERO 4290**
Practicum in Gerontology 3
- ◆ **BIO 3450**
Biological Aspects of Aging 3
- ◆ **PSY 3130**
Psychology of Aging
- ◆ **HED 3725**
Death in Perspective 3
- ◆ **SOC 4300**
Sociology of Healthcare 3
- ◆ **PA 3800**
Healthcare Systems in US 3
- ◆ **PHIL 3314**
Moral Problems in Medicine & Healthcare 3
- ◆ **HED 4100**
Independent Studies in Health 3

Minor in GERONTOLOGY

School of Physical Education , Recreation, & Health - HH434

- ◆ *Adults 65 years and older currently represent 14.5% of US population. It is predicted that by 2040, this number will be 21.7% (US Census, 2015). These inevitable changes will require students to be prepared to work with older adults from various careers/disciplines.*
- ◆ *Students having a Minor in Gerontology can be majors in various disciplines including Biology, Psychology, Sociology, Social Work, Therapeutic Recreation, Occupational Therapy, Architecture, etc.*

Program Goals

- To provide students with an interdisciplinary introduction to the Gerontology profession
- To educate students on the aging experience and the changes that occur in society resulting from having a large aging population
- To provide an overview of major trends and issues related to aging across cultures
- To identify resources and strategies that will empower older adults and their support systems to navigate challenges related to their health and well-being

1. A minor shall consist of a minimum of 18 semester hours in a single academic discipline.
2. Content is to be prescribed by a department and may or may not include electives.
3. At least 6 semester hours shall be from upper division, 3000-4000 level courses.
4. No more than one-half of the credits for that minor may be transferred from another institution.
5. An academic minor is declared only when students apply for graduation. Declaration of Minor forms may be obtained from the Office of the Registrar, first floor, Administration Building or from the academic department.

For more information, please contact
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