

## ALCOHOL, TOBACCO AND OTHER DRUGS TASK FORCE (AToD)

The AToD committee consists of professionals from across Kean University who are in key departments to address student substance use.

### AToD MEMBERSHIP

**Kean Counseling Center**  
908-737-4850

**Office of Residential Student Services**  
908-737-6800

**Office of Community Standards and Student Conduct**  
908-737-5240

**Athletics Department**  
908-737-5450

**Department of Public Safety and Police**  
908-737-4800

**Center for Leadership and Service**  
908-737-5170

For more information about AToD please go to  
<http://www.kean.edu/atod>

## EMERGENCIES

The counseling center staff is available to respond to emergencies Monday-Friday, 9 a.m.-5 p.m. If it is after business hours, please call the Kean Police at 911 or the Trinitas Hospital Psychiatric Emergency Room at 908-994-7137 (open 24/7 and located at 655 East Jersey Street, Elizabeth).



WORLD-CLASS  
EDUCATION



KEAN



For any questions or concerns,  
please contact:

Kean Counseling Center  
908-737-4850

### KEAN COUNSELING CENTER

Downs Hall, room 127  
1000 Morris Avenue • Union, New Jersey 07083  
P: 908-737-4850 • F: 908-737-4855  
[www.kean.edu/offices/Counseling-Center](http://www.kean.edu/offices/Counseling-Center)

## Alcohol and Drug Services

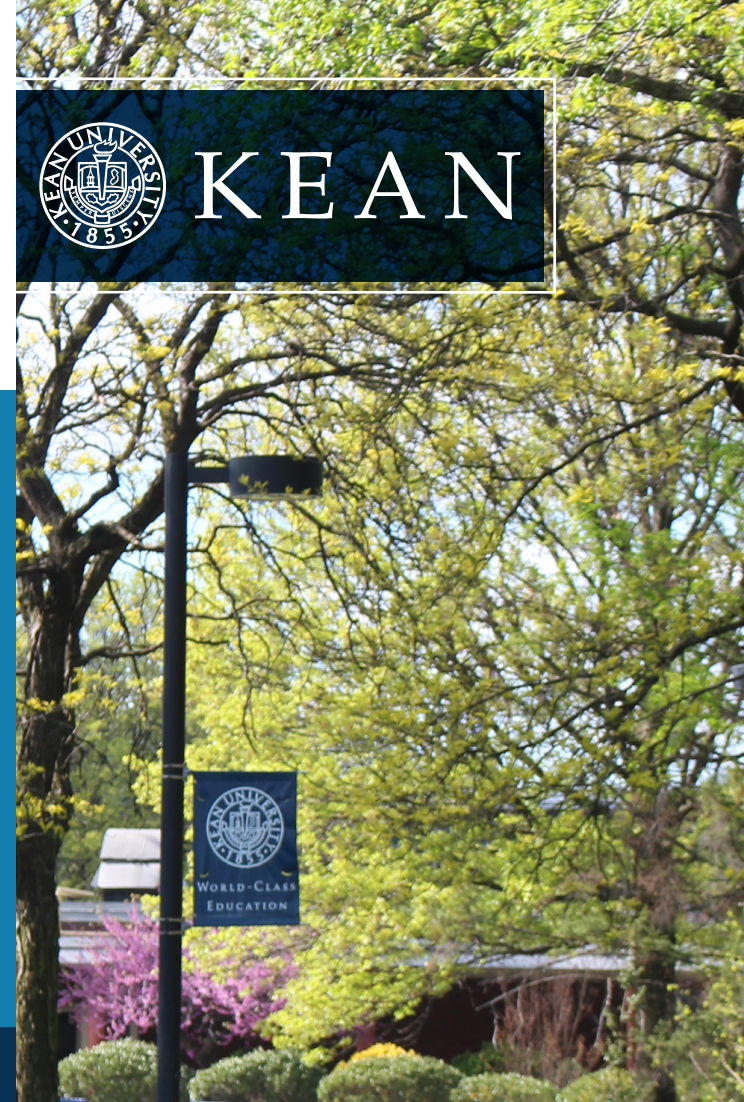
### Kean Counseling Center

Downs Hall, Room 127

908-737-4850

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DIVISION OF STUDENT AFFAIRS





## WELCOME TO THE KEAN COUNSELING CENTER ALCOHOL AND DRUG SERVICES

We hope that the information you find here will be useful in your efforts to address substance use concerns for yourself and/or family/friends. Our Alcohol and Drug Services reflect a range of prevention and intervention programs tailored to the university community.

### SCREENING

A Licensed Clinical Drug and Alcohol Counselor, through the Kean Counseling Center, is available to provide individualized screening. Through this consultation, personalized recommendations are provided to the student.



### COUNSELING SERVICES

Kean University students who are interested in counseling for alcohol and/or other drug concerns are offered sessions through the Counseling Center when appropriate. This can include individual and/or group sessions and can also be supplemented by outside support. Referrals to outside facilities may be provided when deemed necessary. Counseling utilizes a motivational approach designed to increase a student's awareness and self-reflection concerning their alcohol and/or drug use. The approach emphasizes personal choice.

## EARLY INTERVENTION AND EDUCATIONAL PROGRAMS

Some students make high-risk choices around alcohol and other drugs that may require intervention and educational programs. The educational programs below are designed to meet individual needs of students who have made high-risk choices around substances. The components of the early intervention and educational programs are as follows:

- **Choices I:** is a specialized program for students who are found in violation of the Residential Student Services or University alcohol policy
- **Choices II:** is a specialized program for students who are found in violation of the Residential Student Services or University alcohol policy for a second time
- **Alternatives:** is a specialized program for students who are found in violation of the Residential Student Services or University other drug policy.



### EDUCATIONAL LINKS

The Kean Counseling Center offers eCheckup To Go for Alcohol (e-CHUG) and Marijuana (e-TOKE). These are brief, on-line, self-assessments, that provide personalized feedback on either alcohol or marijuana use to Kean students.

The links can be found on the Kean Counseling Center Alcohol and Drug Services page, [www.kean.edu/offices/counseling-center](http://www.kean.edu/offices/counseling-center).



### EXTERNAL RESOURCES

**Alcoholic Anonymous**

[www.aa.org](http://www.aa.org)

**Marijuana Anonymous**

[www.marijuana-anonymous.org](http://www.marijuana-anonymous.org)

**Narcotics Anonymous**

[www.nanj.org](http://www.nanj.org)

**Gamblers Anonymous**

[www.gamblersanonymous.org/ga](http://www.gamblersanonymous.org/ga)

**Al-Anon**

[www.al-anon.org](http://www.al-anon.org)

