## KEAN UNIVERSITY - COLLEGE OF EDUCATION(25101) B.A. IN PHYSICAL EDUCATION/ADULT FITNESS131 S.H.Effective September 2009

Name	Transfer Institutions (X) Credits
NameStudent I.D.#	
Start Term	
	In Progress ( )
	Kean University
	ADDITIONAL REQUIREMENTS 13 S.H.
	PSY 3120 Adult Psychology   3     ID 2950 Technology and the Young Child   3     PED 1151 Folk & Square Dance   1
	ID 2950 Technology and the Young Child 3
	PED 1151 Folk & Square Dance1
GENERAL EDUCATION REQUIREMENTS 45 S.H.	Select two courses from Disciplinary/ Interdisciplinary Areas
FOUNDATIONS DECUIDEMENTS, 12 S U	· · · · · · · · · · · · · · · · · · ·
FOUNDATIONS REQUIREMENTS: 13 S.H.	33
GE 1000 Transition to Kean <sup>1</sup> 11	
ENG 1030 College Composition 3 MATH 1000 Algebra for Coll. Students 3	CAPSTONE COURSE 3 S.H.
MATH 1000 Algebra for Coll. Students 3	PED 4625 Org.Adm. of Adult Fitness Prgm 3
COMM 1402 Speech Communication as	
Critical Citizenship 3	
GE 2022 Research & Technology 3	MAJOR REQUIREMENTS 49 S.H.
	PED 1500 Intro to Motor Learning 3
DISCIPLINARY/INTERDISCIPLINARY	PED 1500 Intro to Motor Learning   3     PED 2500 Biomechanics   3
<b>DISTRIBUTION REQUIREMENTS:</b>	MGS 2030 Business Organ. & Management 3
HUMANITIES 9 S.H.	PED 3500 Care & Prev. of Athletic Injury 3
ENG 2403 World Literature 3	PED 2800 Pro Prof Field
Select two courses from different areas:	Experience (WE) 3
Fine Arts or Art History 3	HED 3231 First Aid & Accident Prevention 3
Foreign Languages <sup>2</sup> 3	PED 3505 Kinesiology <sup>4</sup> 3
Music or Theatre 3	PED 3510 Physiology of Exercise 3
Fine Arts or Art History   3     Foreign Languages <sup>2</sup> 3     Music or Theatre   3     Philosophy or Religion   3	HED 3600 Nutrition 3
	Experience   (WE)   3     HED 3231 First Aid & Accident Prevention   3     PED 3505 Kinesiology <sup>4</sup> 3     PED 3510 Physiology of Exercise   3     HED 3600 Nutrition   3     PED 3612 Group & Personal Exer. Prog.   3
SOCIAL SCIENCES 9 S.H.	PED 3692 Jr. Field Experience Fitness   1     PED 4600 Adapted Physical Education   3     PED 4605 Assessment in Physical Education   3
HIST 1000 History of Civil Society in	PED 4600 Adapted Physical Education3
America 3   PSY 1000 General Psychology 3   SOC 1000 Intro to Sociology 3	PED 4605 Assessment in Physical Education 3
PSY 1000 General Psychology 3	PED 4626 Prescriptive Exercise Programs 3
SOC 1000 Intro to Sociology 3	PED 4627 Adult Fitness Internship 3
The second secon	PED 4629 Exercise Testing & Interpretation 3
SCIENCE AND MATHEMATICS 11 S.H.	PED 4630 Electrocardiography 3
MATH/CPS 3	
BIO 1000 Principles of Biology <sup>3</sup> 4	
MATH/CPS   3     BIO 1000 Principles of Biology <sup>3</sup> 4     BIO 2402 Human Phys. & Anatomy <sup>4</sup> 4	
HEALTH & PHYSICAL EDUCATION 3 S.H.	
ID 1225 Issues Contemporary Health 3	PED Movement Forms 12 S.H. (see other side)
Required of all Freshmen and Transfers with Fewer than 12 credits	
<sup>2</sup> Must take two semester foreign language sequences	
Bio 1000 is a prerequisite for Bio 2402	
Bio 2402 is a prerequisite for PED 3505	
All major courses plus Eng 1030, Math 1010, and Comm 1402	
require a grade of "C" or better.	

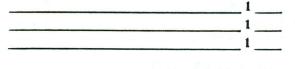
## \* Movement Forms (12 S.H.)

<u>Dance</u> – select <u>one</u> S.H.: PED 1101 Beginning Modern Dance PED 1103 Beginning Jazz Dance PED 2101 Intermediate Jazz Dance PED 2102 Intermediate Modern Dance

<u>Gymnastics</u> – Select <u>one</u> (2 S.H.) PED 1045 Beginning Gymnastics (Men's Ev.) PED 1047 Beginning Gymnastics (Women's Ev.) PED 2048 Intermediate Gymnastics (Mixed Ev.)

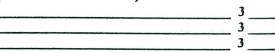
Team Sports – Select three S.H. : PED 1010 Beginning Basketball PED 1030 Beginning Field Hockey PED 1035 Beginning Football PED 1055 Lacrosse PED 1065 Beginning Soccer PED 1070 Beginning Softball PED 1075 Speedball PED 1095 Beginning Volleyball PED 2010 Intermediate Basketball PED 2030 Intermediate Field Hockey PED 2065 Intermediate Soccer PED 2095 Intermediate Volleyball

\*(See Physical Education Majors' Handbook about Swimming requirements) Individual Sports - select three S.H.: **PED 1000 Beginning Archery PED 1005 Badminton PED 1015 Bowling** PED 1021 Personal Fitness II PED 1022 Tai Chi Chih PED 1023 Yoga PED 1025 Beginning Fencing PED 1040 Beginning Golf PED 1080 Beginning Swimming **PED 1081 Intermediate Swimming** PED 1088 Beginning Tennis PED 1091 Racquetball I PED 1092 Track & Field PED 1098 Wrestling PED 1105 Ballet **PED 1107 Creative Movement** PED 1113 Intro to Latin Dance **PED 1110 Ballroom Dancing PED 1200 Adventure Education** PED 1920 Designing Games **PED 2000 Intermediate Archery PED 2025 Intermediate Fencing PED 2040 Intermediate Golf** PED 2082 Advanced Swimming Skills PED 2083 American Red Cross Sr. Lifesaving **PED 2084 Swimming Fitness** PED 2088 Intermediate Tennis



<u>Required</u> – (3 S.H.) PED 1011 Strength Fitness PED 1020 Personal Fitness PED 1130 Aerobic Dance

<u>Free Electives</u> – (9 S.H.) (50% at 3000-4000 level)



**Evaluator's Signature** 

Date

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**Revised October 2008**