One-on-One Tracking Form	
Team Member:	Date:
Team Member Update: (Notes you take from their "10 minutes")	
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Manager Update: (Notes you MAKE to prepare for YOUR "10 minutes")	
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Future/Follow Up: (Where are they heads	ad: AND Itams that you will review at the next One on One)
Future/Follow Up: (Where are they headed: AND, Items that you will review at the next One on One)	
• Tell me about what you've been working on.	• Is there anything I need to do, and if so by when?
• Tell me about your week - what's it been like?	
Where are you on () project?Are you on track to meet the deadline?	What do you think you should do?So, you're going to do "X" by Tuesday, right?
 What questions do you have about the project 	
What areas are ahead of schedule?	What are your future goals in this area?
Where are you on budget?What did () say about this?	What are your plans to get there?What can you/we do differently next time?
- vinat and () say about this:	Any ideas/suggestions/improvements?