

FALL 2018 WORKSHOP SERIES:

STUDENT SUCCESS AND RETENTION

LOCATION: CAS 123

SELF-CARE/ MANAGING STRESS	TIME- MANAGEMENT	OVERCOMING ANXIETY	STUDYING/NOTE- TAKING
OCTOBER			
$2^{nd} 3:30 - 4:15$	4 th 3:30 – 4:15	9 th 3:30 – 4:15	11 th 3:30 – 4:15
16 th 3:30 – 4:15	18 th 3:30 – 4:15	23 rd 3:30 – 4:15	25 th 3:30 – 4:15
30 th 3:30 – 4:15			
NOVEMBER			
8 th 3:30 – 4:15	13 th 3:30 – 4:15	15 th 3:30 – 4:15	20 th 3:30 – 4:15
27 th 3:30 – 4:15	29 th 3:30 – 4:15		
DECEMBER			
4 th 3:30 – 4:15	6 th 3:30 – 4:15	11 th 3:30 – 4:15	13 th 3:30 – 4:15